Senior Information for Recommendations

Student Name: ____________________________

Purpose: This input from you will help your counselor in advising you and in writing recommendations for jobs, scholarships, and college applications. This information will be used only to help in completing applications and recommendations; it will not be sent directly to anyone. You might find it helpful to work on this with your parents, and there is an optional, but useful, section on the back for a parent to fill out.

Please return this form to your counselor ASAP!

What is your educational goal? (technical school, 4-year or 2-year college, military, job, etc.)

Which colleges or vocational/technical schools (if any) are you thinking of applying to?

What is your career goal at this time?

List five (or more) words you would use to describe yourself that you feel will make you a good employee and/or college student.

What have you been proud of that you have accomplished during high school? (club officer, helped with fundraising effort, passed a really difficult class, sang solos in choir, quit getting in fights, great team-player in a sport, kept grades up while holding a job, etc….please be specific)

Describe any significant personal challenges you have faced, including any that may have affected your achievements during high school (serious illness, death in your family, having a disability, working to help support your family, becoming a parent yourself, etc…)

List significant jobs, volunteer work, or other experiences you have had outside of school that have been important to you: (church mission work, being an EMT, working on the family farm, taking care of a family member, trips to other countries, etc.)

List two teachers, coaches, or administrators that I could contact if I need to learn more about your abilities, effort, and character.

If there is anything additional that you would like to share, please write on the back of this sheet.

(over for Parent Input Form)
Parent Input for School Counselor

Student’s Name: _____________________________ Parent’s Name: _____________________________

The words that first come to mind to describe my son or daughter are:

I’d like you to know the following information about my daughter or son:

I think my daughter or son is especially good at:

I think he or she would do best in the following college setting (describe location, size, possible major and interests):

Thank you for your help.

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Space for additional student or parent comments: