

AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Turner Ashby High School-VA	A	1:53.72	1:52.98	
1) Phineas Kasten 15	2) Micah Sherrill 16	3) Jack E Sellers 17	4) Brett C Heatwole 18	
28.30	1:00.04 (31.74)	1:28.05 (28.01)	1:52.98 (24.93)	
2 Rockbridge County High School-V	A	1:47.03	2:00.64	
1) Paul Grajzl	2) Will Murdock	3) Charlie Smith	4) Maxwell Pearson	
27.44	1:04.09 (36.65)	1:33.16 (29.07)	2:00.64 (27.48)	
3 Wilson Memorial High School-VA	A	2:03.04	2:16.32	
1) Adam Brumbaugh	2) Carter Peery	3) Will Tuttle	4) Mitchell Miller	
37.60	1:15.61 (38.01)	1:47.51 (31.90)	2:16.32 (28.81)	

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Turner Ashby High School-VA	A	2:02.50	2:03.54	
1) Emma Burkholder 15	2) Katelyn Lough 14	3) Alexia Wright 15	4) Eliza G Thompson 15	
34.74	1:09.60 (34.86)	1:37.24 (27.64)	2:03.54 (26.30)	
2 Rockbridge County High School-V	A	1:58.08	2:07.15	
1) Aine MacDermott	2) Susanne Mayock-Bradley	3) Liesel Nelson	4) Ella Vaught	
32.06	1:07.15 (35.09)	1:38.51 (31.36)	2:07.15 (28.64)	
3 Rockbridge County High School-V	B	NT	2:13.51	
1) Olivia Williams 15	2) Abby Hickman 15	3) Heidi Schwarzmann	4) Kelby Bartley	
37.46	1:13.86 (36.40)	1:43.91 (30.05)	2:13.51 (29.60)	
4 Alleghany High School-VA	A	2:15.00	2:16.61	
1) Alivia Hoover 13	2) Kiersten Smith 17	3) Charlotte Smith 14	4) Abby Martin 17	
33.44	1:15.22 (41.78)	1:49.07 (33.85)	2:16.61 (27.54)	
5 Turner Ashby High School-VA	B	2:19.08	2:23.76	
1) Ally Adams 15	2) Esther Sarco 15	3) Alieria Lewis 17	4) Matilde Lasca 17	
35.54	1:19.78 (44.24)	1:50.82 (31.04)	2:23.76 (32.94)	
6 Alleghany High School-VA	B	NT	2:31.40	
1) Grace Hall 16	2) Megan McHenry 14	3) Macie Miller 17	4) Sidney Donnan 14	
35.46	1:21.64 (46.18)	1:59.14 (37.50)	2:31.40 (32.26)	
7 Wilson Memorial High School-VA	A	2:40.00	2:38.42	
1) Lilly Skelton	2) Lindsey Reno	3) Becca Miller	4) Elizabeth Fosnocht	
47.02	1:31.02 (44.00)	2:05.83 (34.81)	2:38.42 (32.59)	

Event 3 Boys 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Jack E Sellers	17	Turner Ashby High School-VA	2:08.50	2:07.20	
1:02.86	2:07.20 (1:04.34)				
2 Benjamin Barney		Rockbridge County High School-VA	2:18.54	2:15.33	
30.40	1:04.98 (34.58)	1:40.76 (35.78)	2:15.33 (34.57)		
3 Cole Sailer		Wilson Memorial High School-VA	2:23.21	2:19.36	
32.23	1:07.41 (35.18)	1:45.28 (37.87)	2:19.36 (34.08)		



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Name	Age	School	Seed Time	Finals Time	Points
4 Ben C Riley	16	Turner Ashby High School-VA	2:29.05	2:24.18	
		2:24.18 ()	2:24.18 ()		
5 Haden Chandler		Wilson Memorial High School-VA	2:37.97	2:28.74	
32.46	1:10.77 (38.31)	2:28.74 (1:17.97)			
6 Maxwell Pearson		Rockbridge County High School-VA	NT	2:32.00	
		1:55.39 ()	2:32.00 (36.61)		
7 Adam Brumbaugh		Wilson Memorial High School-VA	2:50.00	2:41.96	
	1:17.70 ()	2:01.22 (43.52)	2:41.96 (40.74)		
8 Tempblum Tucker	15	Alleghany High School-VA	2:53.01	2:50.98	
36.96	1:20.00 (43.04)	2:05.09 (45.09)	2:50.98 (45.89)		
9 Patrick T Calomeris	15	Rockbridge County High School-VA	2:58.59	2:56.42	
36.46		2:10.59 ()	2:56.42 (45.83)		
10 Nicholas Blye	17	Turner Ashby High School-VA	3:01.18	3:09.32	
40.46	1:28.96 (48.50)	2:20.23 (51.27)	3:09.32 (49.09)		

Event 4 Girls 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Eliza G Thompson	15	Turner Ashby High School-VA	2:11.89	2:06.99	
28.76	1:00.57 (31.81)	1:33.94 (33.37)	2:06.99 (33.05)		
2 Alivia Hoover	13	Alleghany High School-VA	2:18.06	2:20.30	
32.22	1:07.88 (35.66)	1:44.73 (36.85)	2:20.30 (35.57)		
3 Ella Vaught		Rockbridge County High School-VA	2:19.12	2:20.91	
32.55	1:08.64 (36.09)	1:45.60 (36.96)	2:20.91 (35.31)		
4 Liesel Nelson		Rockbridge County High School-VA	2:15.69	2:24.17	
32.08	1:07.97 (35.89)	1:45.79 (37.82)	2:24.17 (38.38)		
5 Kensey May	15	Parry McCluer High School-VA	2:27.77	2:25.06	
31.32	1:07.29 (35.97)	1:47.20 (39.91)	2:25.06 (37.86)		
6 Hope Huger		Rockbridge County High School-VA	2:30.07	2:30.62	
33.08	1:10.35 (37.27)	1:50.27 (39.92)	2:30.62 (40.35)		
7 Emma Burkholder	15	Turner Ashby High School-VA	2:23.99	2:38.04	
	1:16.98 ()	1:58.18 (41.20)	2:38.04 (39.86)		
8 Elizabeth Fosnocht		Wilson Memorial High School-VA	2:47.87	2:42.32	
37.89	1:18.98 (41.09)	2:01.12 (42.14)	2:42.32 (41.20)		
9 Matilde Lasca	17	Turner Ashby High School-VA	2:42.15	2:48.94	
36.22	1:18.00 (41.78)	2:03.94 (45.94)	2:48.94 (45.00)		
10 Megan McHenry	14	Alleghany High School-VA	2:46.75	2:58.33	
38.49	1:24.50 (46.01)	2:13.19 (48.69)	2:58.33 (45.14)		
11 Caydance Ramsey	15	Alleghany High School-VA	2:49.73	3:04.55	
40.49	1:27.67 (47.18)	2:17.14 (49.47)	3:04.55 (47.41)		
12 Lindsey Reno		Wilson Memorial High School-VA	3:05.00	3:15.83	
41.91	1:32.81 (50.90)	2:25.51 (52.70)	3:15.83 (50.32)		
--- Abby Hickman	15	Rockbridge County High School-VA	NT	X2:38.35	
37.14	2:38.35 (2:01.21)				



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 4 Girls 200 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time	Points
--- Elsie Pittman		Wilson Memorial High School-VA	2:40.00	X2:39.89	
38.39	1:18.74 (40.35)	2:01.67 (42.93)	2:39.89 (38.22)		
--- Elizabeth Lee	17	Alleghany High School-VA	2:19.04	X3:10.70	

Event 5 Boys 200 Yard IM

Name	Age	School	Seed Time	Finals Time	Points
1 Phineas Kasten	15	Turner Ashby High School-VA	2:11.26	2:12.01	
28.39	1:00.93 (32.54)	1:40.41 (39.48)	2:12.01 (31.60)		
2 Lincoln Garcia		Rockbridge County High School-VA	2:46.72	2:38.62	
33.59	1:15.18 (41.59)	2:01.33 (46.15)	2:38.62 (37.29)		
3 Mitchell Miller		Wilson Memorial High School-VA	2:52.89	2:45.87	
35.58	1:15.47 (39.89)	2:03.96 (48.49)	2:45.87 (41.91)		

Event 6 Girls 200 Yard IM

Name	Age	School	Seed Time	Finals Time	Points
1 Katelyn Lough	14	Turner Ashby High School-VA	2:30.78	2:30.25	
35.52		1:55.66 ()	2:30.25 (34.59)		
2 Isabel Pfaff		Rockbridge County High School-VA	2:40.11	2:33.80	
30.97	1:09.51 (38.54)	1:58.90 (49.39)	2:33.80 (34.90)		
3 Susanne Mayock-Bradley		Rockbridge County High School-VA	2:33.46	2:36.30	
35.06	1:14.99 (39.93)	1:59.54 (44.55)	2:36.30 (36.76)		
4 Sofia Vargas		Rockbridge County High School-VA	2:40.54	2:37.61	
32.45	1:11.82 (39.37)	2:00.62 (48.80)	2:37.61 (36.99)		
5 Charlotte Smith	14	Alleghany High School-VA	2:42.94	2:43.18	
34.45	1:14.06 (39.61)	2:03.11 (49.05)	2:43.18 (40.07)		
6 Breanne Moore	16	Parry McCluer High School-VA	2:49.32	2:46.90	
36.51	1:18.95 (42.44)	2:07.37 (48.42)	2:46.90 (39.53)		
7 Ada Cole	15	Turner Ashby High School-VA	2:56.21	2:58.20	
39.45	1:25.31 (45.86)	2:18.59 (53.28)	2:58.20 (39.61)		
8 Esther Sarco	15	Turner Ashby High School-VA	NT	3:09.76	
	1:33.21 ()	2:27.02 (53.81)	3:09.76 (42.74)		
9 Grace Hall	16	Alleghany High School-VA	3:12.03	3:14.68	
39.29	1:26.68 (47.39)	2:27.93 (1:01.25)	3:14.68 (46.75)		

Event 7 Boys 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Micah Sherrill	16	Turner Ashby High School-VA	25.05	25.92	
2 Charlie Smith		Rockbridge County High School-VA	28.44	26.13	
3 Phillip Carter		Wilson Memorial High School-VA	26.03	26.14	
4 David Donnan	17	Alleghany High School-VA	25.35	26.33	
5 Haden Chandler		Wilson Memorial High School-VA	27.48	27.09	
6 Will Murdock		Rockbridge County High School-VA	32.10	27.40	
7 Maxwell Pearson		Rockbridge County High School-VA	29.19	27.62	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 7 Boys 50 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time	Points
8 Keegan Williams	16	Alleghany High School-VA	29.43	28.58	
9 Will Tuttle		Wilson Memorial High School-VA	28.84	29.07	
10 Cody Ouimette	17	Alleghany High School-VA	32.88	32.03	
11 Matthew Hemmings	14	Parry McCluer High School-VA	35.60	34.13	
12 Sanzhar Abdimazhitov	17	Parry McCluer High School-VA	37.33	34.34	
13 Brt Said-Abdullah	15	Turner Ashby High School-VA	35.81	34.55	
14 Nrt Said-Abdullah	15	Turner Ashby High School-VA	39.34	38.30	
--- Will Gibbs		Rockbridge County High School-VA	NT	X24.56	
--- Ethanael Elmore	15	Alleghany High School-VA	33.62	X31.75	
--- David Illunga		Wilson Memorial High School-VA	34.79	X34.44	
--- Aiden Williams	14	Alleghany High School-VA	39.41	X37.81	
--- Asher Thomas	13	Alleghany High School-VA	47.22	X38.51	
--- David Billhimer	14	Turner Ashby High School-VA	49.10	X49.11	

Event 8 Girls 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Ali Pfaff		Rockbridge County High School-VA	25.74	24.84	
2 Alexia Wright	15	Turner Ashby High School-VA	26.10	26.37	
3 Liliana Vargas		Rockbridge County High School-VA	26.54	26.63	
4 Abby Martin	17	Alleghany High School-VA	27.26	27.02	
5 Heidi Schwarzmann		Rockbridge County High School-VA	29.04	28.58	
6 Gillian Hedrick	16	Turner Ashby High School-VA	30.54	29.79	
7 Kiersten Smith	17	Alleghany High School-VA	29.59	30.59	
8 Haley Campbell		Wilson Memorial High School-VA	30.94	30.61	
9 Sidney Donnan	14	Alleghany High School-VA	31.63	31.69	
10 Emily Stratford	15	Turner Ashby High School-VA	34.77	33.94	
11 Elizabeth Fosnocht		Wilson Memorial High School-VA	33.68	34.06	
12 Kylie Quick		Wilson Memorial High School-VA	35.45	37.34	
--- Carter Cook	14	Rockbridge County High School-VA	32.77	X30.72	
--- Sophia Fafatas	14	Rockbridge County High School-VA	35.75	X33.27	
--- Macie Miller	17	Alleghany High School-VA	31.55	X33.61	
--- Baylee Peters	13	Alleghany High School-VA	34.09	X33.95	
--- Maria Angle	13	Alleghany High School-VA	34.26	X34.09	
--- Sydney Mahaffey	13	Parry McCluer High School-VA	NT	X34.25	
--- Faith Campbell		Wilson Memorial High School-VA	35.13	X34.25	
--- Elizabeth Logan	18	Turner Ashby High School-VA	36.22	X34.57	
--- Isabel Logan	16	Turner Ashby High School-VA	36.17	X37.22	
--- Sabrina Burks	15	Alleghany High School-VA	35.86	X37.36	
--- Keely Lowman	17	Alleghany High School-VA	35.29	X37.57	
--- Lilly Skelton		Wilson Memorial High School-VA	38.50	X37.78	
--- Alyssa Bustamante		Wilson Memorial High School-VA	41.14	X38.79	
--- Olivia Kerns	15	Alleghany High School-VA	43.12	X42.92	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 8 Girls 50 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time	Points
--- Alexis Ostling	15	Alleghany High School-VA	41.29	X43.13	
--- Victoria Meeks	17	Alleghany High School-VA	50.46	X47.41	
--- Emily Nunez		Wilson Memorial High School-VA	43.40	X47.74	

Event 11 Boys 100 Yard Butterfly

Name	Age	School	Seed Time	Finals Time	Points
1 Paul Grajzl		Rockbridge County High School-VA	1:09.38	1:00.18	
27.96	1:00.18 (32.22)				
2 David Donnan	17	Alleghany High School-VA	1:03.16	1:05.18	
30.71	1:05.18 (34.47)				
3 Aldo Heredia	18	Turner Ashby High School-VA	1:14.86	1:15.19	
32.65	1:15.19 (42.54)				
4 Brett C Heatwole	18	Turner Ashby High School-VA	1:16.40	1:15.59	
34.32	1:15.59 (41.27)				
5 Cole Sailer		Wilson Memorial High School-VA	1:20.00	1:21.23	
33.86	1:21.23 (47.37)				

Event 12 Girls 100 Yard Butterfly

Name	Age	School	Seed Time	Finals Time	Points
1 Alexia Wright	15	Turner Ashby High School-VA	1:01.46	1:01.60	
28.69	1:01.60 (32.91)				
2 Isabel Pfaff		Rockbridge County High School-VA	1:04.09	1:06.30	
31.59	1:06.30 (34.71)				
3 Aine MacDermott		Rockbridge County High School-VA	1:05.55	1:09.31	
31.93	1:09.31 (37.38)				
4 Liliana Vargas		Rockbridge County High School-VA	1:09.30	1:11.63	
33.78	1:11.63 (37.85)				
5 Alivia Hoover	13	Alleghany High School-VA	1:12.23	1:13.03	
35.03	1:13.03 (38.00)				
6 Breanne Moore	16	Parry McCluer High School-VA	1:18.76	1:16.25	
35.75	1:16.25 (40.50)				
7 Alieria Lewis	17	Turner Ashby High School-VA	1:21.38	1:21.55	
37.58	1:21.55 (43.97)				

Event 13 Boys 100 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Miles Fitzgerald		Wilson Memorial High School-VA	53.55	51.99	
24.68	51.99 (27.31)				
2 Jack E Sellers	17	Turner Ashby High School-VA	54.82	53.78	
26.10	53.78 (27.68)				
3 Ben C Riley	16	Turner Ashby High School-VA	1:02.43	1:02.45	
4 Carter Peery		Wilson Memorial High School-VA	1:11.47	1:08.82	
32.74	1:08.82 (36.08)				
5 Adam Brumbaugh		Wilson Memorial High School-VA	1:09.13	1:09.09	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 13 Boys 100 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time	Points
6 Ziad Etman	16	Rockbridge County High School-VA	1:19.57	1:10.49	
34.05	1:10.49 (36.44)				
7 Patrick T Calomeris	15	Rockbridge County High School-VA	1:16.33	1:15.11	
35.52	1:15.11 (39.59)				
8 Zac Huntsman	14	Rockbridge County High School-VA	1:26.55	1:16.76	
36.13	1:16.76 (40.63)				
9 Ethanael Elmore	15	Alleghany High School-VA	1:22.41	1:18.85	
10 Tempblum Tucker	15	Alleghany High School-VA	1:14.36	1:18.94	
37.17	1:18.94 (41.77)				
11 Cody Ouimette	17	Alleghany High School-VA	1:16.10	1:19.62	
36.56	1:19.62 (43.06)				
12 Brt Said-Abdullah	15	Turner Ashby High School-VA	1:24.82	1:29.40	
37.77	1:29.40 (51.63)				
--- Will Gibbs		Rockbridge County High School-VA	NT	X54.83	
25.92	54.83 (28.91)				
--- David Illunga		Wilson Memorial High School-VA	1:24.60	X1:17.24	
37.24	1:17.24 (40.00)				
--- Asher Thomas	13	Alleghany High School-VA	1:38.56	X1:25.68	
38.96	1:25.68 (46.72)				
--- Aiden Williams	14	Alleghany High School-VA	1:35.42	X1:36.57	
42.89	1:36.57 (53.68)				

Event 14 Girls 100 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Abby Martin	17	Alleghany High School-VA	1:01.22	1:03.56	
30.16	1:03.56 (33.40)				
2 Sofia Vargas		Rockbridge County High School-VA	1:04.32	1:03.93	
30.44	1:03.93 (33.49)				
3 Becca Miller		Wilson Memorial High School-VA	1:06.61	1:06.46	
31.92	1:06.46 (34.54)				
4 Kensey May	15	Parry McCluer High School-VA	1:04.65	1:06.54	
31.54	1:06.54 (35.00)				
5 Kelby Bartley		Rockbridge County High School-VA	1:13.26	1:07.39	
31.84	1:07.39 (35.55)				
6 Ally Adams	15	Turner Ashby High School-VA	1:07.32	1:08.60	
32.10	1:08.60 (36.50)				
7 Gillian Hedrick	16	Turner Ashby High School-VA	1:11.42	1:09.87	
32.26	1:09.87 (37.61)				
8 Maria Lambert		Rockbridge County High School-VA	1:10.64	1:10.11	
33.87	1:10.11 (36.24)				
9 Olivia Williams	15	Rockbridge County High School-VA	NT	1:13.38	
34.88	1:13.38 (38.50)				



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 14 Girls 100 Yard Freestyle)**

	Name	Age	School	Seed Time	Finals Time	Points
10	Haley Campbell		Wilson Memorial High School-VA	1:19.08	1:17.35	
	34.94	1:17.35 (42.41)				
11	Caydance Ramsey	15	Alleghany High School-VA	1:14.62	1:17.49	
	36.21	1:17.49 (41.28)				
12	Emily Stratford	15	Turner Ashby High School-VA	1:23.31	1:18.83	
	36.47	1:18.83 (42.36)				
13	Savannah Angle	16	Alleghany High School-VA	1:23.15	1:27.55	
	39.52	1:27.55 (48.03)				
---	Elsie Pittman		Wilson Memorial High School-VA	1:11.81	X1:08.12	
	33.05	1:08.12 (35.07)				
---	Carter Cook	14	Rockbridge County High School-VA	1:16.09	X1:11.68	
	33.65	1:11.68 (38.03)				
---	Baylee Peters	13	Alleghany High School-VA	1:18.41	X1:16.76	
---	Sophia Fafatas	14	Rockbridge County High School-VA	1:22.25	X1:17.22	
	36.43	1:17.22 (40.79)				
---	Maria Angle	13	Alleghany High School-VA	1:20.84	X1:19.52	
---	Elizabeth Logan	18	Turner Ashby High School-VA	1:25.43	X1:20.24	
---	Grace Godette		Wilson Memorial High School-VA	1:27.46	X1:21.02	
	37.80	1:21.02 (43.22)				
---	Faith Campbell		Wilson Memorial High School-VA	1:22.80	X1:21.29	
	37.80	1:21.29 (43.49)				
---	Olivia Kerns	15	Alleghany High School-VA	1:42.44	X1:38.02	
---	Alexis Ostling	15	Alleghany High School-VA	1:35.01	X1:40.66	
	45.51	1:40.66 (55.15)				
---	Victoria Meeks	17	Alleghany High School-VA	1:45.92	X1:48.54	

Event 15 Boys 500 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time	Points
1	Charlie Smith		Rockbridge County High School-VA	6:07.06	6:05.48	
2	Phillip Carter		Wilson Memorial High School-VA	6:19.74	6:08.58	
	32.86	1:08.94 (36.08)	1:45.60 (36.66)	2:23.97 (38.37)		
	3:02.20 (38.23)	3:41.15 (38.95)	4:20.07 (38.92)	4:58.31 (38.24)		
	5:35.83 (37.52)	6:08.58 (32.75)				
3	Lincoln Garcia		Rockbridge County High School-VA	6:58.83	6:37.16	
	34.06	1:13.98 (39.92)	1:56.11 (42.13)	2:36.44 (40.33)		
	3:18.49 (42.05)	3:57.80 (39.31)	4:39.77 (41.97)	5:20.13 (40.36)		
	6:00.04 (39.91)	6:37.16 (37.12)				
4	Will Tuttle		Wilson Memorial High School-VA	6:45.66	6:45.53	
	35.06	1:14.78 (39.72)	1:55.91 (41.13)	2:37.41 (41.50)		
	3:18.69 (41.28)	4:00.25 (41.56)	4:42.35 (42.10)	5:23.99 (41.64)		
	6:05.27 (41.28)	6:45.53 (40.26)				
5	Aldo Heredia	18	Turner Ashby High School-VA	7:07.65	7:29.34	
	33.20	1:09.70 (36.50)	1:52.26 (42.56)	7:29.34 (5:37.08)		



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****Event 16 Girls 500 Yard Freestyle**

<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Ali Pfaff		Rockbridge County High School-VA	5:38.44	5:25.28	
27.97	59.64 (31.67)	1:32.28 (32.64)	2:05.54 (33.26)		
2:38.81 (33.27)	3:12.29 (33.48)	3:46.06 (33.77)	4:20.12 (34.06)		
4:53.67 (33.55)	5:25.28 (31.61)				
2 Eliza G Thompson	15	Turner Ashby High School-VA	5:38.90	5:36.74	
28.80	1:00.54 (31.74)	1:33.89 (33.35)	2:08.23 (34.34)		
2:43.52 (35.29)	3:18.79 (35.27)		4:28.96 ()		
5:03.82 (34.86)	5:36.74 (32.92)				
3 Ella Vaught		Rockbridge County High School-VA	6:27.50	6:27.32	
34.83	1:13.53 (38.70)	1:52.82 (39.29)	2:31.93 (39.11)		
3:12.56 (40.63)	3:51.89 (39.33)	4:31.80 (39.91)	5:11.16 (39.36)		
5:50.32 (39.16)	6:27.32 (37.00)				
4 Hope Huger		Rockbridge County High School-VA	6:46.46	6:47.19	
34.35	1:14.52 (40.17)	1:56.36 (41.84)	2:38.70 (42.34)		
3:20.79 (42.09)	4:02.41 (41.62)	4:44.03 (41.62)	5:26.53 (42.50)		
6:07.94 (41.41)	6:47.19 (39.25)				
5 Becca Miller		Wilson Memorial High School-VA	NT	6:59.95	
36.19	1:18.06 (41.87)	2:01.69 (43.63)	2:46.59 (44.90)		
3:30.80 (44.21)	4:16.10 (45.30)	4:59.79 (43.69)	5:42.77 (42.98)		
6:24.03 (41.26)	6:59.95 (35.92)				
6 Ada Cole	15	Turner Ashby High School-VA	6:58.87	7:09.50	
	1:19.57 ()				
6:29.28 ()	7:09.50 (40.22)				
7 Alieria Lewis	17	Turner Ashby High School-VA	7:00.89	7:21.66	
37.18	1:19.63 (42.45)	2:04.25 (44.62)	2:49.23 (44.98)		
3:34.91 (45.68)	4:20.43 (45.52)	5:07.42 (46.99)	5:53.81 (46.39)		
6:38.62 (44.81)	7:21.66 (43.04)				
8 Macie Miller	17	Alleghany High School-VA	7:18.23	7:54.87	
40.36		2:11.03 ()	2:57.67 (46.64)		
3:44.83 (47.16)		5:19.62 ()	6:08.05 (48.43)		
6:54.74 (46.69)	7:54.87 (1:00.13)				
9 Keely Lowman	17	Alleghany High School-VA	7:38.72	8:30.38	
44.61	1:34.67 (50.06)	2:26.50 (51.83)	3:19.52 (53.02)		
4:11.82 (52.30)	5:04.53 (52.71)	5:57.51 (52.98)	6:51.34 (53.83)		
7:42.96 (51.62)	8:30.38 (47.42)				

Event 17 Boys 200 Yard Freestyle Relay

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Turner Ashby High School-VA	A	1:39.43	1:37.56	
1) Phineas Kasten 15	2) Brett C Heatwole 18	3) Micah Sherrill 16	4) Jack E Sellers 17	
24.42	48.71 (24.29)	1:13.88 (25.17)	1:37.56 (23.68)	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Wilson Memorial High School-VA	A	1:41.89	1:42.00	
1) Haden Chandler	2) Cole Sailer	3) Phillip Carter	4) Miles Fitzgerald	
26.57	53.54 (26.97)	1:18.88 (25.34)	1:42.00 (23.12)	
3 Rockbridge County High School-V	A	1:30.56	1:45.19	
1) Benjamin Barney	2) Will Murdock	3) Charlie Smith	4) Paul Grajzl	
28.89	56.09 (27.20)	1:21.91 (25.82)	1:45.19 (23.28)	
4 Wilson Memorial High School-VA	B	2:00.00	1:57.91	
1) Mitchell Miller	2) Will Tuttle	3) Carter Peery	4) Adam Brumbaugh	
28.05	57.48 (29.43)	1:28.89 (31.41)	1:57.91 (29.02)	
5 Rockbridge County High School-V	B	NT	2:00.06	
1) Patrick T Calomeris 15	2) Zac Huntsman 14	3) Lincoln Garcia	4) Maxwell Pearson	
32.26	1:05.45 (33.19)	1:33.22 (27.77)	2:00.06 (26.84)	
6 Alleghany High School-VA	A	2:00.00	2:03.64	
1) Keegan Williams 16	2) Tempblum Tucker 15	3) Cody Ouimette 17	4) David Donnan 17	
29.66	1:04.01 (34.35)	1:36.92 (32.91)	2:03.64 (26.72)	
7 Turner Ashby High School-VA	B	2:15.77	2:06.20	
1) Nicholas Blye 17	2) Brt Said-Abdullah 15	3) Ben C Riley 16	4) Aldo Heredia 18	
34.09	1:14.23 (40.14)	1:38.54 (24.31)	2:06.20 (27.66)	

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Rockbridge County High School-V	A	1:51.75	1:45.51	
1) Isabel Pfaff	2) Liliana Vargas	3) Aine MacDermott	4) Ali Pfaff	
26.59	53.17 (26.58)	1:20.89 (27.72)	1:45.51 (24.62)	
2 Turner Ashby High School-VA	A	1:50.65	1:50.11	
1) Katelyn Lough 14	2) Gillian Hedrick 16	3) Eliza G Thompson 15	4) Alexia Wright 15	
27.70	57.78 (30.08)	1:24.02 (26.24)	1:50.11 (26.09)	
3 Rockbridge County High School-V	B	NT	1:56.07	
1) Sofia Vargas	2) Hope Huger	3) Heidi Schwarzmann	4) Susanne Mayock-Bradley	
29.28	58.97 (29.69)	1:27.56 (28.59)	1:56.07 (28.51)	
4 Alleghany High School-VA	A	1:54.53	1:58.24	
1) Alivia Hoover 13	2) Kiersten Smith 17	3) Charlotte Smith 14	4) Abby Martin 17	
30.02	1:01.44 (31.42)	1:31.09 (29.65)	1:58.24 (27.15)	
5 Alleghany High School-VA	B	2:07.63	2:11.59	
1) Sidney Donnan 14	2) Megan McHenry 14	3) Caydance Ramsey 15	4) Macie Miller 17	
33.19	1:08.46 (35.27)	1:39.81 (31.35)	2:11.59 (31.78)	
6 Turner Ashby High School-VA	B	2:25.68	2:21.07	
1) Isabel Logan 16	2) Emily Stratford 15	3) Elizabeth Logan 18	4) Ada Cole 15	
36.16	1:18.37 (42.21)	1:47.53 (29.16)	2:21.07 (33.54)	
7 Wilson Memorial High School-VA	A	2:30.00	2:31.60	
1) Haley Campbell	2) Lilly Skelton	3) Emily Nunez	4) Kylie Quick	
37.39	1:14.76 (37.37)	2:02.04 (47.28)	2:31.60 (29.56)	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Rockbridge County High School-V	C	NT	X2:10.87	
1) Olivia Williams 15	2) Maria Lambert	3) Sophia Fafatas 14	4) Carter Cook 14	
34.64	1:05.38 (30.74)	1:39.23 (33.85)	2:10.87 (31.64)	
--- Wilson Memorial High School-VA	B	2:15.00	X2:22.58	
1) Elsie Pittman	2) Faith Campbell	3) Alyssa Bustamante	4) Grace Godette	
35.91	1:15.39 (39.48)	1:53.28 (37.89)	2:22.58 (29.30)	

Event 19 Boys 100 Yard Backstroke

Name	Age	School	Seed Time	Finals Time	Points
1 Phineas Kasten	15	Turner Ashby High School-VA	1:02.60	59.78	
29.43	59.78 (30.35)				
2 Paul Grajzl		Rockbridge County High School-VA	1:02.93	1:00.35	
29.57	1:00.35 (30.78)				
3 Mitchell Miller		Wilson Memorial High School-VA	1:17.10	1:15.96	
37.05	1:15.96 (38.91)				
4 Keegan Williams	16	Alleghany High School-VA	1:32.07	1:25.84	
40.46	1:25.84 (45.38)				
5 Ziad Etman	16	Rockbridge County High School-VA	NT	1:26.72	
41.47	1:26.72 (45.25)				
6 Zac Huntsman	14	Rockbridge County High School-VA	NT	1:30.87	
7 Nicholas Blye	17	Turner Ashby High School-VA	1:38.81	1:41.54	
49.93	1:41.54 (51.61)				
8 Matthew Hemmings	14	Parry McCluer High School-VA	1:40.41	1:41.80	
47.13	1:41.80 (54.67)				
9 David Billhimer	14	Turner Ashby High School-VA	NT	2:04.10	
54.25	2:04.10 (1:09.85)				
--- Sanzhar Abdimazhitov	17	Parry McCluer High School-VA	NT	DQ	
Pulling on lane line					

Event 20 Girls 100 Yard Backstroke

Name	Age	School	Seed Time	Finals Time	Points
1 Aine MacDermott		Rockbridge County High School-VA	1:14.57	1:14.48	
2 Kelby Bartley		Rockbridge County High School-VA	1:16.36	1:15.56	
3 Emma Burkholder	15	Turner Ashby High School-VA	1:14.92	1:17.16	
4 Ally Adams	15	Turner Ashby High School-VA	1:15.24	1:17.66	
37.41	1:17.66 (40.25)				
5 Matilde Lasca	17	Turner Ashby High School-VA	NT	1:21.93	
40.51	1:21.93 (41.42)				
6 Grace Hall	16	Alleghany High School-VA	1:22.35	1:23.94	
7 Sidney Donnan	14	Alleghany High School-VA	1:24.35	1:25.53	
8 Olivia Williams	15	Rockbridge County High School-VA	1:24.99	1:26.17	
42.85	1:26.17 (43.32)				
9 Elizabeth Lee	17	Alleghany High School-VA	1:31.86	1:36.49	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 20 Girls 100 Yard Backstroke)**

Name	Age	School	Seed Time	Finals Time	Points
10 Lilly Skelton		Wilson Memorial High School-VA	1:41.52	1:43.42	
	49.36	1:43.42 (54.06)			
--- Sydney Mahaffey	13	Parry McCluer High School-VA	1:44.45	X1:29.61	
--- Savannah Angle	16	Alleghany High School-VA	1:40.23	X1:36.16	
	45.91	1:36.16 (50.25)			
--- Sabrina Burks	15	Alleghany High School-VA	NT	XDQ	
	Shoulders past vertical toward breast				
	48.53	DQ (55.78)			

Event 21 Boys 100 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time	Points
1 Miles Fitzgerald		Wilson Memorial High School-VA	1:11.68	1:09.16	
	32.26	1:09.16 (36.90)			
2 Micah Sherrill	16	Turner Ashby High School-VA	1:17.17	1:11.08	
	33.61	1:11.08 (37.47)			
3 Brett C Heatwole	18	Turner Ashby High School-VA	1:17.14	1:16.33	
	36.34	1:16.33 (39.99)			
4 Benjamin Barney		Rockbridge County High School-VA	1:18.05	1:17.25	
	36.06	1:17.25 (41.19)			
5 Will Murdock		Rockbridge County High School-VA	1:25.82	1:22.93	
	39.24	1:22.93 (43.69)			
6 Nrt Said-Abdullah	15	Turner Ashby High School-VA	1:29.78	1:28.07	
	41.93	1:28.07 (46.14)			
7 Carter Peery		Wilson Memorial High School-VA	1:36.37	1:37.65	
	46.77	1:37.65 (50.88)			

Event 22 Girls 100 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time	Points
1 Susanne Mayock-Bradley		Rockbridge County High School-VA	1:15.93	1:16.43	
	36.56	1:16.43 (39.87)			
2 Katelyn Lough	14	Turner Ashby High School-VA	1:17.03	1:16.52	
	36.75	1:16.52 (39.77)			
3 Charlotte Smith	14	Alleghany High School-VA	1:22.83	1:24.39	
	38.96	1:24.39 (45.43)			
4 Abby Hickman	15	Rockbridge County High School-VA	1:29.38	1:26.55	
	41.07	1:26.55 (45.48)			
5 Maria Lambert		Rockbridge County High School-VA	1:34.67	1:30.68	
	42.10	1:30.68 (48.58)			
6 Esther Sarco	15	Turner Ashby High School-VA	1:28.65	1:33.00	
	43.62	1:33.00 (49.38)			
7 Kiersten Smith	17	Alleghany High School-VA	1:25.17	1:34.68	
	43.81	1:34.68 (50.87)			



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 22 Girls 100 Yard Breaststroke)**

Name	Age	School	Seed Time	Finals Time	Points
8 Lindsey Reno		Wilson Memorial High School-VA	1:36.56	1:36.47	
45.59	1:36.47 (50.88)				
9 Megan McHenry	14	Alleghany High School-VA	1:37.47	1:40.38	
47.54	1:40.38 (52.84)				
10 Isabel Logan	16	Turner Ashby High School-VA	1:45.63	1:40.59	
47.65	1:40.59 (52.94)				
--- Grace Godette		Wilson Memorial High School-VA	NT	X1:49.13	
50.63	1:49.13 (58.50)				

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Wilson Memorial High School-VA	A	3:53.03	3:49.35	
1) Cole Sailer	2) Haden Chandler	3) Phillip Carter	4) Miles Fitzgerald	
1:01.04 (1:01.04)	1:29.87 (28.83)	2:00.94 (59.90)		
2:27.38 (26.44)	2:57.53 (56.59)	3:22.01 (24.48)	3:49.35 (51.82)	
2 Rockbridge County High School-V	A	3:24.74	4:31.29	
1) Ziad Etman 16	2) Lincoln Garcia	3) Patrick T Calomeris 15	4) Benjamin Barney	
33.92	1:12.64 (1:12.64)	1:41.89 (29.25)	2:15.42 (1:02.78)	
2:51.10 (35.68)	3:32.25 (1:16.83)	4:00.32 (28.07)	4:31.29 (59.04)	
3 Alleghany High School-VA	A	4:37.67	4:49.38	
1) Keegan Williams 16	2) Cody Ouimette 17	3) Tempblum Tucker 15	4) David Donnan 17	
33.59	1:09.51 (1:09.51)	1:46.36 (36.85)	2:29.19 (1:19.68)	
3:04.90 (35.71)	3:46.75 (1:17.56)	4:03.93 (17.18)	4:49.38 (1:02.63)	
4 Turner Ashby High School-VA	A	5:13.72	5:02.21	
1) Ben C Riley 16	2) Aldo Heredia 18	3) Nicholas Blye 17	4) Nrt Said-Abdullah 15	
29.44	1:02.47 (1:02.47)	1:31.46 (28.99)	2:06.09 (1:03.62)	
2:43.94 (37.85)	3:31.27 (1:25.18)	4:12.88 (41.61)	5:02.21 (1:30.94)	

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Rockbridge County High School-V	A	3:53.13	4:03.82	
1) Ali Pfaff	2) Sofia Vargas	3) Isabel Pfaff	4) Liliana Vargas	
26.83	55.80 (55.80)	1:26.56 (30.76)	2:08.28 (1:12.48)	
2:30.87 (22.59)	3:03.91 (55.63)	3:32.81 (28.90)	4:03.82 (59.91)	
2 Rockbridge County High School-V	B	NT	4:31.08	
1) Kelby Bartley	2) Ella Vaught	3) Hope Huger	4) Liesel Nelson	
31.82	1:06.70 (1:06.70)	1:22.71 (16.01)	1:40.13 (33.43)	
2:20.70 (40.57)	3:32.48 (1:52.35)	3:55.88 (23.40)	4:31.08 (58.60)	
3 Turner Ashby High School-VA	A	4:39.06	4:43.13	
1) Gillian Hedrick 16	2) Alieria Lewis 17	3) Emma Burkholder 15	4) Ally Adams 15	
33.15	1:20.74 (1:20.74)	1:45.40 (24.66)	2:23.51 (1:02.77)	
2:56.01 (32.50)	3:32.11 (1:08.60)	4:05.45 (33.34)	4:43.13 (1:11.02)	



AHS /WMHS/ TAHS /PMHS/ RCHS @ RAC - 1/10/2020**Results - 1/10/20****(Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Rockbridge County High School-V	C	NT	4:55.76	
1) Abby Hickman 15	2) Carter Cook 14	3) Sophia Fafatas 14	4) Maria Lambert	
35.05	1:15.60 (1:15.60)	1:52.12 (36.52)	2:33.59 (1:17.99)	
3:45.66 (1:12.07)	4:17.85 ()	4:55.76 ()		
5 Wilson Memorial High School-VA	A	4:50.00	5:02.61	
1) Haley Campbell	2) Elizabeth Fosnocht	3) Lindsey Reno	4) Becca Miller	
31.81	1:08.34 (1:08.34)	1:48.66 (40.32)	2:37.32 (1:28.98)	
3:10.96 (33.64)	3:49.73 (1:12.41)	4:23.20 (33.47)	5:02.61 (1:12.88)	
6 Turner Ashby High School-VA	B	5:26.44	5:05.00	
1) Ada Cole 15	2) Emily Stratford 15	3) Matilde Lasca 17	4) Esther Sarco 15	
	1:16.03 (1:16.03)	1:53.96 (37.93)	2:41.79 (1:25.76)	
3:09.74 (27.95)	3:48.94 (1:07.15)	4:07.95 (19.01)	5:05.00 (1:16.06)	
7 Alleghany High School-VA	A	5:03.04	5:55.86	
1) Caydance Ramsey 15	2) Sabrina Burks 15	3) Grace Hall 16	4) Elizabeth Lee 17	
39.43	1:26.14 (1:26.14)	1:41.67 (15.53)	2:49.56 (1:23.42)	
	4:22.96 (1:33.40)	5:06.36 (43.40)	5:55.86 (1:32.90)	
--- Wilson Memorial High School-VA	B	5:00.00	X5:41.86	
1) Elsie Pittman	2) Faith Campbell	3) Grace Godette	4) Alyssa Bustamante	
	1:27.12 (1:27.12)	3:05.26 (1:38.14)		
3:44.72 ()	4:30.43 ()	5:41.86 (1:11.43)		

