Fort Defiance High School
Senior Career and College Planning Information

Class of 2020
Step 1: Complete the Class of 2020 Senior Form information form.


Step 2: Login to your school email and activate your Parchment account.

Step 3: Join the Class of 2020 on Remind. The join code is 2020fort
Senior Planning Guide

The Indian Way

Fort Defiance

Class of 2020 Planning Guide

This planning guide should be used as your resource of information on how to best navigate your senior year. The information in this guide is also posted on the FDHS Counseling Department website.

https://www.augusta.k12.va.us/domain/282

<table>
<thead>
<tr>
<th>Student Services Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natasha Goodloe</td>
</tr>
<tr>
<td>School Registrar</td>
</tr>
<tr>
<td><a href="mailto:ngoodloe@augusta.k12.va.us">ngoodloe@augusta.k12.va.us</a></td>
</tr>
<tr>
<td>Sheba Lane</td>
</tr>
<tr>
<td>Career Coach</td>
</tr>
<tr>
<td><a href="mailto:lane.sl@augusta.k12.va.us">lane.sl@augusta.k12.va.us</a></td>
</tr>
<tr>
<td>Susan Arritt</td>
</tr>
<tr>
<td>GRASP/Financial Aid</td>
</tr>
<tr>
<td>August-April</td>
</tr>
<tr>
<td><a href="mailto:forte@grasp4va.org">forte@grasp4va.org</a></td>
</tr>
</tbody>
</table>

“IT MATTERS NOT WHAT SOMEONE IS BORN, BUT WHAT THEY GROW TO BE.”

- J.K. ROWLING
Only Advanced and Standard Diploma students are ranked. Class Rank is based on cumulative GPA in sequential order. GPAs of equal value carry the same rank. Class rank and cumulative GPA will be updated again in May 2020.

Your rank and GPA may change.

Food for thought …
Colleges tend to look at the rigor of your schedule and grades earned instead of solely focusing on your rank & GPA.
If you are a male, listen up.
Within 30 days of your 18\textsuperscript{th} birthday, you are required by law to register for the Selective Service.

Without registering, you may not be eligible for:

- Federal student loans and grants
- Student financial aid in Virginia
- Job training benefits
- US citizenship for male immigrants

If you have a Virginia driver’s license or an ID card from the DMV, you have already authorized DMV to register you for the Selective Service as a condition for getting your license or ID. If you are unsure if you are registered, visit the Selective Service website.

How do I register?
Fill out a form at the post office or go online.

www.sss.gov
Two-Year Community College (ex. Blue Ridge Community College)

Four-Year College/University (ex. JMU, UVA, VT, EMU)

Technical School/Apprenticeship

Military (Army, Marines, Navy, Air Force, Coast Guard)

Work

Life After Fort Defiance High School
Mrs. Lane  
Career Coach

How can I help?  
I can help you explore your career interests. Don’t have one yet? Let me help! I can set up job shadowing. I can give you a career assessment. I even arrange career related field trips. I can also help with resumes and interview skills.

I work for Blue Ridge Community College  
If you have questions about Blue Ridge, I can help in addition to your counselor.

When can you see me?  
Monday-Friday 8am-4pm

Sign-up to see me.  
My office is in the Guidance Office. Next to my door there is a sign up sheet. Sign up to see me and I will send a pass for you. If I am available, I can sometimes see you immediately.
GRASP
Ensuring Career and College Access for All
GRASP Advisors

Appointments through school counseling
Confidential and free
Assistance with college financial aid process and scholarships

Knowledgeable about special circumstances: foster care, adoption, legal guardianship, divorce, financial challenge, layoffs
Help accessing important opportunities
Last Dollar and Community College Pathways Scholarships
GRASP Advisor
Fort Defiance High School

Appointments available on Tuesdays from 8:30-2:30

Visit or call the School Counseling Office to make your appointment.

Appointments can be for students, parents, or students and parents together

Susan Arritt
Technical School/ Apprenticeship

Job Training
Technical schools (or career colleges) provide skill-based training and hands-on job training. Examples include ECPI, Centura College, Universal Technical Institute.

Compare to Community Colleges
It’s always a good idea to compare programs at technical colleges with programs offered by community college. Sometimes cost is more favorable at the community college. Aviation Maintenance, Welding, Automotive Tech, Culinary Arts, Radiology, etc.

Career Studies Certificate (CSC)-
These are short, specialized programs. Examples are Graphic Design, Medical Coding, Commercial Driving

I just want to start working.
Consider an apprenticeship. As an apprentice, you are trained on the job. The Virginia Department of Labor and Industry has searchable apprenticeship information on its website.
Take the ASVAB on October 16th.
The ASVAB is a career assessment that the military will require you to take before you enlist. Even if you are unsure about enlisting, it’s still a good idea to take the ASVAB. See Mrs. Lane to sign up.

Talk to a recruiter during lunch.
• Navy – 1st and 3rd Thursday each month
• Marines – 2nd and 4th Tuesdays each month
• Army – Every Monday of the month.
• Air Force – 2nd Thursday each month
• National Guard – 1st and 3rd Tuesdays each month

Thinking about college but want to go into the military?
Consider ROTC programs offered at a variety of schools.
Do I have to go to a four-year school?
Many professions do not require a four-year degree. There are many two-year programs in a variety of career fields.

Thinking about transferring?
Many students will go to BRCC for two years and then transfer to a four-year school. BRCC has guaranteed transfer agreements with state schools if you maintain certain grades. It’s important to know which college you plan to transfer into because each college has different course requirements.

Undergraduate Tuition Comparison

<table>
<thead>
<tr>
<th>University</th>
<th>Tuition/Fees:</th>
<th>Room &amp; Board:</th>
<th>Total:</th>
</tr>
</thead>
<tbody>
<tr>
<td>James Madison University (Public Four-Year)</td>
<td>$12,206</td>
<td>$10,740</td>
<td>$22,946 per year</td>
</tr>
<tr>
<td>Blue Ridge Community College (Public Two-Year)</td>
<td>$5,364</td>
<td></td>
<td>$5,364 per year (30 credit hours)</td>
</tr>
<tr>
<td>Bridgewater College (Private Four-Year)</td>
<td>$36,600</td>
<td>$12,970</td>
<td>$49,570 per year</td>
</tr>
</tbody>
</table>
So what do I do?

To enroll at a community college like BRCC you have to:

- Complete an application online
- Sign up for the Group Advising & Registration (GAR) in April

**GAR for Students—April 21, 2020 at FDHS**

*April 15 is generally the deadline for BRCC scholarships – separate application. The priority deadline is in February.*
Scholarship Information

Monthly Scholarship Newsletter

Scholarship Database

Other resources:
- Individual Colleges/Universities
- Local Groups (Ruritan Clubs)
- Scholarship Websites (FastWeb)
- Guidance Email List
Do you have a list?
At this point, you should have a working list of schools that interest you. Visit their admissions’ websites; visit the schools if possible; talk to your parents; start applying.

Be aware of deadlines.
Applying to college requires following a multitude of deadlines. Applications can be due anytime from now through the spring. Each school is different. Are you applying Early Decision? Early Action? Regular Decision? Rolling Admissions?

**YOU are responsible for knowing your deadlines.**

Proofread everything.
Before you submit your application, double-check everything. Are you sending an essay you wrote for VT to UVA? Is your email address professional? Do you need a recommendation?

Ask for help.
Do not hesitate to ask your school counselor for help. If we don’t hear from you, we don’t know how to help.
Here is a general college application timeline.

<table>
<thead>
<tr>
<th>October</th>
<th>November</th>
<th>December</th>
<th>January</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visit Colleges</td>
<td>Visit Colleges</td>
<td>Visit Colleges</td>
<td>Visit Colleges</td>
</tr>
<tr>
<td>Start Applying</td>
<td>Continue Applying</td>
<td>Continue Applying</td>
<td>Continue Applying</td>
</tr>
<tr>
<td>Take SAT or ACT</td>
<td>November Deadlines</td>
<td>December Deadlines</td>
<td>January Deadlines</td>
</tr>
<tr>
<td>Request Transcripts</td>
<td>Take SAT</td>
<td>Financial Aid Workshop</td>
<td>FAFSA</td>
</tr>
<tr>
<td>Get Recommendations</td>
<td>Request Transcripts</td>
<td>Take SAT or ACT</td>
<td>Apply for Scholarships</td>
</tr>
<tr>
<td>Apply for Scholarships</td>
<td>Get Recommendations</td>
<td>Request Transcripts</td>
<td>FAFSA</td>
</tr>
<tr>
<td>FAFSA</td>
<td>Apply for Scholarships</td>
<td>BEORE Winter Break</td>
<td>Apply for Scholarships</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| February                     | March                                                  | April                                                                    | May                                                                      |
|------------------------------|--------------------------------------------------------|--------------------------------------------------------------------------|                                                                          |
| Continue Applying            | Continue Applying                                      | Compare Financial Aid Packages                                           | Submit Deposit to College                                               |
| February Deadlines           | March Deadlines                                        | Make College Selection                                                  |                                                                          |
| FAFSA                        |                                                        | Apply for Scholarships                                                  |                                                                          |
| Apply for Scholarships       |                                                        |                                                                          |                                                                          |
| No SENIORITIS                |                                                        |                                                                          |                                                                          |
|                              |                                                        |                                                                          |                                                                          |
Four-Year College/University (ex. JMU, UVA, VT, EMU)

Still need help finding a college?
Use the following resources to help in your search:

**Opportunities Book** – great college profiler on all Virginia schools

**Individual college websites**

**College search websites:**
- Big Future (bigfuture.collegeboard.org);
- Virginia Wizard (vawizard.org);
- I am the One. (i-am-the-one.com);
- SCHEV (www.schev.edu)

**College Visits:** Listen to the announcements for dates of upcoming college visits to FDHS. Sign up in the Counseling Office to attend.

**Field Trips:** A variety of field trips are offered by our Career Coach. Listen to announcements for upcoming trips and dates.

**Your College Visits:** When possible, visit the schools you are interested in applying to this fall. Use the teacher workdays. Visit when students are on campus.
Upcoming College Visits

Sign up in the Counseling Office.

Wed. (9/11) – University of Virginia @ 2:00pm
Mon. (9/16) – Longwood University @ 12:15pm
Mon. (9/16) – James Madison University @ 1:00pm
Mon. (9/16) – Radford University @ 2:00pm
Wed. (9/18) – Eastern Mennonite University @ 1:30pm
Thurs. (9/19) – Randolph-Macon College @ 9:30am
Thurs. (9/19) – Virginia Commonwealth University @ 12:15pm
Fri. (9/27) – Christopher Newport University @ 10:00am
Wed. (10/2) – Bridgewater College @ 9:00am
Thurs. (10/10) – Hollins University @ 1:30pm
Tue. (10/22) – College of William & Mary @ 8:30am
Thurs. (10/31) – Mary Baldwin University @ 8:30am
But what about testing?
The SAT and ACT are two different college entrance tests. You do not have to take both. Schools generally accept either test.

How do I register?
You have to register on the respective website of either the SAT or ACT.

• SAT: sat.org/register
• ACT: actstudent.org

Don’t wait until the last minute.
Be aware of the test registration deadlines.

<table>
<thead>
<tr>
<th>SAT</th>
<th>ACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>OCT 5</td>
<td>October 26</td>
</tr>
<tr>
<td>Deadline: Sept 24 (Late)</td>
<td>Deadline: Sept 20</td>
</tr>
<tr>
<td>NOV 2</td>
<td>December 14</td>
</tr>
<tr>
<td>Deadline: Oct 3</td>
<td>Deadline: November 8</td>
</tr>
</tbody>
</table>

What about fee waivers?
Some students may qualify for a fee waiver. If you think you might qualify, see your counselor.

What about SAT Subject Tests?
Do you need to take those? Only if the school you are applying to requests that you do so. Typically, more selective schools like UVA and William & Mary suggest you take subject tests.
Let’s talk recommendation letters.
Not all colleges require recommendation letters. Follow the directions on the college’s website. Some colleges want letters online while others are ok with them being sent with your transcript. If a school wants the recommendation online, it may not read a letter we send in the mail. Follow directions!

Don’t wait to the last minute to ask.
If you need a recommendation letter, ask the teacher or counselor with two weeks notice. Fill out an activities form or give a resume to whomever is writing the recommendation.

Recommendations are confidential.
If you are given a recommendation in a sealed envelope, keep it in the sealed envelope.

Say thank you.
If someone takes time to write you a recommendation letter, give that person a thank you note. It’s the right thing to do.
Virginia **Common Application** Schools

Bridgewater College
Christopher Newport University
College of William & Mary
Eastern Mennonite University
Emory & Henry College
George Mason University
Hampden-Sydney College
Hollins University
Mary Baldwin University
Marymount University
Old Dominion University
Radford University
Randolph College
Randolph-Macon College
Roanoke College
Sweet Briar College
University of Lynchburg
University of Mary Washington
University of Richmond
University of Virginia
University of Virginia’s College at Wise
Virginia Commonwealth University
Washington & Lee University

“Common App”
www.commonapp.org
Four-Year College/University (ex. JMU, UVA, VT, EMU)

Virginia Coalition Application Schools
College of William & Mary
James Madison University
Sweet Briar College
University of Richmond
Virginia Tech

“Coalition App”
www.coalitionforcollegeaccess.org
Upcoming College Nights

Thursday, September 19
Stuarts Draft High School
6:00 – 8:30pm

Thursday, September 26
James Madison University
6:30 – 8:30pm

Representatives from 100+ institutions including two and four year colleges/universities, technical schools, and the Armed Forces will be to meet with students and parents. Make plans to attend.
NCAA Eligibility
(Division I or Division II)

Do you need to register with the NCAA?

If you intend to play Division I or Division II sports in college, you need to register with the NCAA now.

After registering, stop by the guidance office in order to request an official transcript be sent to the NCAA.

Fill out the transcript request form.

Send ACT/SAT scores directly from testing agency.

Your NCAA GPA will vary from your Fort GPA.

Send your end-of-year transcript in June.

How do I register?

www.eligibilitycenter.gov
Transcript Procedures

There are two ways to send a transcript. Transcripts can be sent via the mail or online through Parchment.com.

You have to fill out a form. When you’re ready to request a transcript, fill out the transcript request form in the School Counseling Office. This is true whether you want us to send it through the mail or online. Please give us 5 days notice.

Is there a fee? There is no fee while you are enrolled in Fort Defiance High School. Once you become an alumni there is a $3.00 fee for transcript requests which can be paid in the School Counseling Office.

So what is Parchment? Parchment.com is the online service we use to send transcripts electronically. All seniors have a Parchment account but you need to activate it if you plan to use it. It’s important that you activate your account with your school email address. If you need your activation code, see your counselor. With your Parchment account, you can send transcripts online.
Senior Parent Meeting TONIGHT

Please tell your parents about the senior parent meeting tonight! We’ll be talking about the college application process and answering questions about this presentation.

The meeting starts at 6:00pm in the auditorium.
Ms. Stevens: A - Ha
Mr. Farthing: He - N
Mrs. Crabtree: O - Z
Mrs. Lane: Career Coach
Ms. Arritt: GRASP
Mrs. Goodloe: Registrar

We’re here to help on your journey. Come see us!